










Trinity Primary School – RHSE Knowledge Curriculum  
 Preparing for the demands of society for the future

Term: Autumn 2

Year Group: 5

Topic: Changing me

Key Vocabulary		Big Question: What will happen to me in the future?
 Self-image	The way you think about and view yourself	Key Questions: Can you tell me how you feel about yourself? What can people do if they don't feel great about themselves? Can I share with you how I see you and how I care about you? What do you think it will be like when you are a teenager? What kinds of things do you think you will be allowed to do when you are a teenager that you're not allowed to do now? What do you enjoy about being your age now?
 Body image	The way you feel about your body	
 Self-esteem	How you feel about your abilities and limitations.	
 Teenager	A person aged between 13 and 19 years.	
 Milestone	A significant stage or event in the development of something	
 Perception	Awareness, comprehension or an understanding of something	
 Responsibilities	The state or fact of being responsible, answerable, or accountable for something within one's power, control,	
Links to <b>HEART</b> and British Values		
<b>HEART</b> Health Respect – for myself and others Ambition – My future	<b>British Values</b> Rule of Law Individual liberty Mutual respect & tolerance of different faiths and beliefs	Odd sock day Anti -bullying week

