

What should I already know?

Know how to keep healthy by doing exercise and eating healthily.

Know some rhymes about the **body** (e.g. Heads, Shoulders, Knees and Toes)

Names of some body parts (e.g. eyes, hands etc.)

Key vocabulary



Body

The human body is the collection of tissues, organs, and systems that makes up a human being.



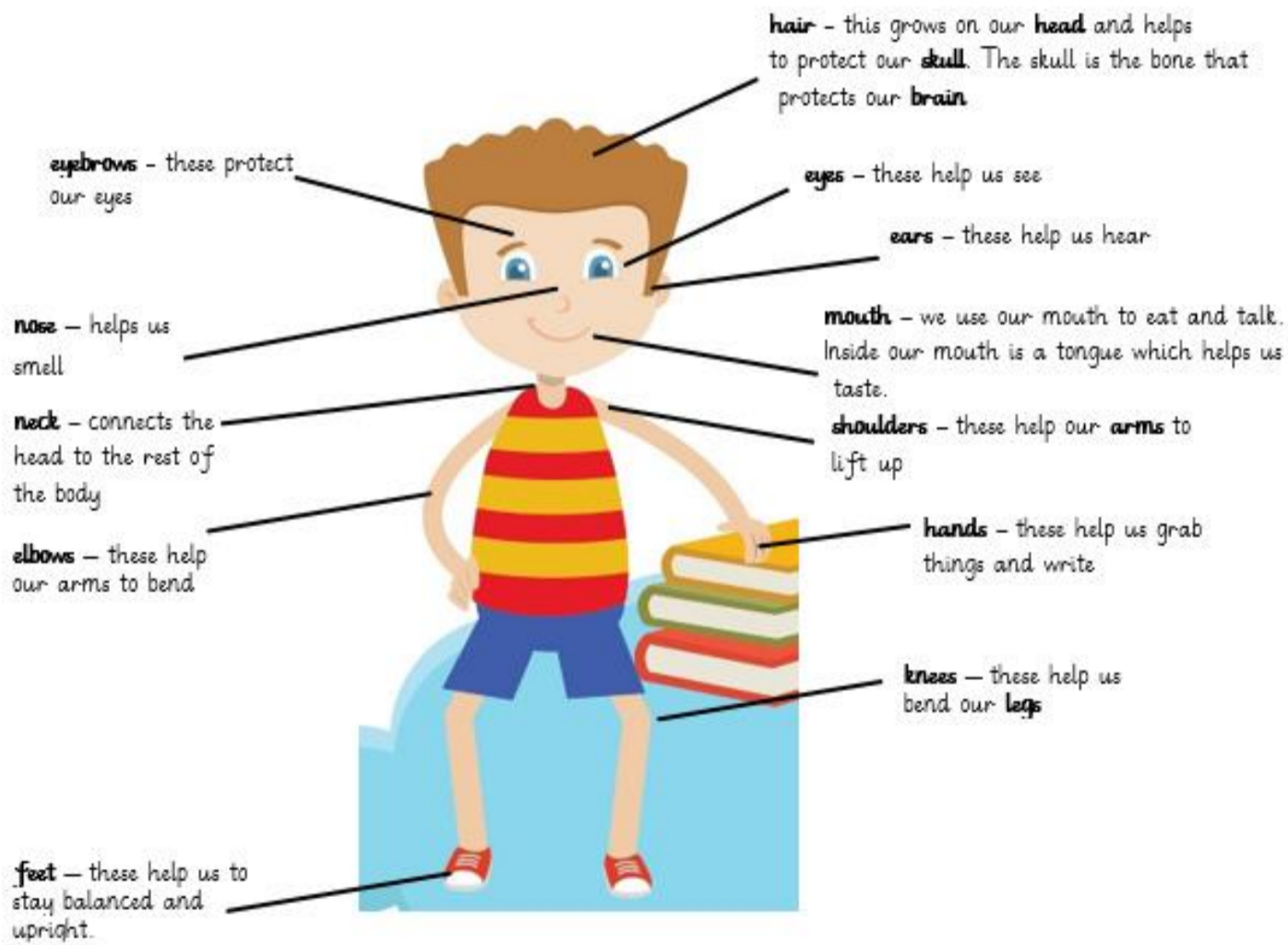
Senses

The ways that our body can find out information about what is around us.

What will I know by the end of the unit?

- Label the different parts of the body and describe what each part does.
- Draw around one of the pupils in your class using chalk - label the different parts of the body.
- Complete a simple exercise (such as a star jump) and describe which parts of your body move.
- Participate in a sensory experience where you taste, feel, look at and see different foods (check for allergies first).
- Use senses to compare different textures, sounds and smells
- Discuss activities where you might use more than one sense (e.g. playing football).

Parts of the body



We have five **senses**.

1) We **smell** using our nose.



smell

2) We **taste** using our tongue.



taste

3) We **touch** using parts of our body, like our hands.



touch

4) We **see** using our eyes.



see

5) We **hear** using our ears.



hear